

Wintercamp 2021

Virtual

Armpit Fudge

No cook fudge!

You will need

1. 2 tbsp Icing sugar
2. 1 tbsp Butter
3. 1 tsp Cream cheese
4. 1 Dash vanilla extract
5. 2 tsp Cocoa powder
6. Sandwich bag (zip lock closure best for this recipe)
7. Additional treats (marshmallows, m&m's, peanut butter, nuts raisins)

Safety

Check for allergies before consuming

Always remain aware of your surroundings and follow local COVID-19 advice, including the Hands / Face / Space / Ventilation guidance.

If you're meeting online, check out [the advice](#) on using Zoom and other popular digital platforms and the [guidance on being safe online](#).

To help others do activities safely over Zoom, check out the [example risk assessments](#) and remember to make sure those taking part understand any care that needs to be applied.

Instructions

1. Pile all your ingredients into the bag
2. If you want to add in your additional treats, you can do it now – just throw a handful in
3. Squeeze all the air out of the bag and seal it
4. Stick the bag under your armpit
5. Squish it, smoosh it, moosh it until all it's all mixed and the ingredients have a creamy consistency
6. Stick your fudge into the fridge for half an hour
7. Grab a spoon and dig in





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The next page(s) contains an example risk assessment for this activity that was carried out by the Wintercamp team.

To produce your risk assessment, you can review this example here and think about your own environment and abilities. Add any other hazards you have identified and the control measures you feel are needed to reduce that risk.

For extra help, check out the [example risk assessments](#) here and remember to make sure those taking part understand any care that needs to be applied.

For example, a Beaver Scout using a hot glue gun could be more at risk of a burn than an Explorer Scout, so you may do more to reduce that risk.

Name of Activity	Armpit Fudge	Date of Risk Assessment	16/12/2020	Name of who undertook this risk assessment	Wintercamp Programme Team
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Hazard Identified/ Risks from it?	Who is at risk?	How are risks already controlled? What extra controls are needed?
Asphyxiation	All	Avoid using small items that could block the air way. If an item breaks into a smaller pieces, the activity should pause while all small items are disposed of. Don't put your head in a bag!
Food allergies	All	Be careful of food allergies
Food poisoning	All	Ensure hands are clean Ensure surfaces are clean Ensure utensils are clean